

MobQoL

Mobility and Quality of Life

You have been invited to take part in the
MobQoL Project, please read this
leaflet to find out more!



You will receive
a £5 high street voucher

for completing a short questionnaire!



The MobQoL Project needs your help!

What is the MobQoL Project?

The aim of this project is to find out how mobility (or being able to get around) affects quality of life. The term 'quality of life' can mean lots of different things, such as happiness, life satisfaction and well-being. We have developed a questionnaire tool called **MobQoL** to measure how mobility affects quality of life, we now want to find out how accurate and reliable that tool is.



Why is the MobQoL Project needed?

Every year the NHS helps millions of people who have problems moving around, so it's important that we're able to accurately measure the benefits of different treatments and devices to improve mobility.



The MobQoL tool has been designed to help the NHS and researchers measure how different mobility aids affect quality of life. This will help the NHS to provide the best care possible to people with impaired mobility.

Why have I been asked to take part?

We are sending questionnaires to lots of different people, particularly people who have experienced impairments to their mobility. If you are aged 18 or older and currently use a mobility aid to help you move around, you are eligible to take part in this research.

What will I have to do if I take part?

If you would like to take part please complete the survey:
<https://mobqol.onlinesurveys.ac.uk/mobqol-pilot-survey>

The questionnaire contains the new MobQoL tool and some more questions about your health and quality of life. At the end of the study we will analyse all of the questionnaires we receive, and find out if the MobQoL tool is accurate and reliable. We may ask you to fill out the questionnaire again in a few weeks to see if your answers have changed.

What will happen to the information I give?

We will need to use information from you for this research project. This information will include your name, contact details and the answers you provide in the questionnaire. We will use this information to do the research or to check your records to make sure that the research is being done properly. People who do not need to know who you are will not be able to see your name or contact details. Your data will have a code number instead. We will keep all information about you safe and secure. We will also follow all privacy rules. Once we have finished the study, we will keep some of the data so we can check the results. We will write our reports in a way that no-one can work out that you took part in the study.

I would like to help! What's next?

Please fill in the questionnaire (you can ask another person for help, if needed). If you provide a UK address we will send you a £5 voucher as a thank you for completing the questionnaire!



Contact us if you want to know more

Where can I get more information?

If you want to know more about the project or how we will use your information, please contact the research team. The project is being sponsored by Bangor University, and funded by Health and Care Research Wales. If you experience any distress as a result of taking part in this study, or if you have any concerns, please contact the study team. You can stop being part of the study at any time, without giving a reason, but we will keep information about you that we already have. We need to manage your records in specific ways for the research to be reliable. This means that we won't be able to let you see or change the data we hold about you.

Address:

Nathan Bray
Ardudwy Hall
Bangor University
Bangor, LL57 2PZ

Mobile: 07792670053
Email: n.bray@bangor.ac.uk
Website: cheme.bangor.ac.uk



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The MobQoL project has been granted ethical approval by the NHS. If you have any concerns about this project and would like to speak to someone outside of the research team, please contact Dr Sion Williams:

*School of Healthcare Sciences, Bangor University, Bangor, LL57 2EF
sion.williams@bangor.ac.uk / 01248 388451*